

# Annapurna Base Camp Trekking (shorter version) - 10 Days

#### "Join now to go for a ABC short trek and make your dream trip to Nepal with us!"

Complete Annapurna Base Camp trekking in just 10 days!! Yes, it is possible to do Annapurna Base camp trek in 10 days if you are time constraint to do it leisurely on our longer Annapurna Base Camp -16 days program. ABC Short Trek of 10 days is ideally designed for yearning trekkers who are deprived of time but want to reach the base camp world's 10th highest mountain. While walking all the way to base camp, you will get an wonderful opportunity to capture excellent views of snow capped Himalayas passing through beautiful rhododendron forests, waterfalls, crystal clear streams, culturally rich villages, terraced farmlands and of course the accomplishment of being at the base of grand Annapurna Himalaya.

Our ABC Short Trek begins from scenic lake city of Pokhara. It shall be a beautiful day in Pokhara when we take a short drive to Nayapul and start our hike through popular Annapurna sanctuary route via Jhinu, Chhomrong, MBC and eventually at Annapurna base camp. After reaching our target, Annapurna base camp, we trek back same trail until Chhomrong and divert to Ghandruk, a beautiful Gurung village where the friendly villages and their hospitality will leave us pleased. Enjoying rhododendron forests, terraced fields, exploring local culture along with the chance of viewing panoramic views of snow capped mountains like Annapurna Himalayan ranges, Dhaulagiri, Machhapuchre, Manaslu, Himchuli and other Himalayan peaks we return back to Pokhara concluding our Annapurna short walking trip.

You will realize the feeling of accomplishment and the euphoria you get from reaching the ABC is just too hard to express to anybody and you will cherish the wonderful memories of trekking to Annapurna base camp trek with Icicles Adventures. So contact us immediately to book this ideal trekking trip in Nepal!



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# PRICE INCLUDES

- Airport and hotel transfers as per itinerary in private vehicle
- Two nights' twin sharing accommodation in Kathmandu in 4-star category hotel (Hotel Ramada Encore)
- One night twin-sharing accommodation with breakfast in a 3-star category hotel in Pokhara (Hotel Abas Pokhara)
- TIMS and Annapurna Conservation Area Permit
- Meals (breakfast, lunch, and dinner) during the trek
- Best available standard teahouse/lodge accommodation (twin sometimes can be multiple sharing in some places during peak season) during the trek
- Staff- one professional, knowledgeable, and friendly English-speaking trekking leader along with an assistant guide (6 trekkers: 1 assistant guide) and porters (2 trekkers: 1 porter) including their food, accommodation, salary, equipment, transportation, and accidental insurance
- Kathmandu to Pokhara flight
- Pokhara to Kathmandu transfers in a deluxe tourist coach
- Duffel bag, sleeping bag, and down jacket for use during the trek
- Icicles Adventure t-shirt, trekking map, and trip achievement certificate
- First aid medical kit
- All government taxes & office service charge

# PRICE EXCLUDES

- Nepal visa arrangement (more on Nepal Visa Information)
- International/Domestic airfares
- Excess baggage charges
- Travel and rescue insurance
- Added night/s accommodation in Kathmandu or Pokhara because of early arrival, delayed departure, early return from mountain (due to any cause) than the programmed itinerary
- Lunch and dinner in Kathmandu or Pokhara (and also in the case of early return from mountain than the programmed itinerary)
- All kind of drinks (alcoholic, hot, or cold)
- Personal expenses such as phone calls, bar bills, laundry, battery recharge, bottle or boiled water, hot shower, extra porters, etc)
- Personal equipments and clothing
- Tips for guides and porters (tip is expected)



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## **ITINERARY IN DETAIL**

## Day 1: Arrive Kathmanud Airport (TIA) and transfer to hotel

May you have a good journey to Kathmandu. As you land at Kathmandu airport, finish your customs formalities (visa, etc.), and get to the airport waiting terminal, you will find our representative waiting to greet you. He/she will be holding an Icicles Adventure Treks & Tour signboard with your name. You will then be transferred to the hotel. Overnight at the hotel in Kathmandu.

## Day 2: Fly to Pokhara. Drive to Nayapul and trek to Jhinu Danda (1760m/5770 ft)

We take an early flight to Pokhara. During the flight, we get to savor the most mesmerizing views of the magnificent 8000 meter Mount Manaslu and the snow-capped Annapurna mountain range. Upon landing in Pokhara we take drive to Nayapul from where we start our trek. From Nayapul we walk more or less leveled trail and some stone steps too following Modi Khola to reach Jhinu Danda. Upon reaching Jhinu Danda, we see nice views of Annapurna South, Hinchuli and Machapuchhre above us. We might relax our tired bodies by dipping in the hot spring pond at Jhinu Danda.

## Walking Time: 5-6 hrs. Accommodation: Local Lodge. Included Meal: B, L, D

## Day 3: Jhinu Danda to Bamboo (2310m/7576ft)

We wake up early to get glimpse of the Hinunculi, Machhapuchhre, and Annapurna South at sunrise. After breakfast, we trek all the way to Bamboo through Chhomrong and Sinnuwa village. The trail to Chhomrong is all up hill. We descend down on stone stpes to Chhomrong Khola, cross the rive on a suspension bridge. We climb out of the side valley through the tiny settlement of Tilche through the forests of bamboo, rhododendron and oak. We climb further on a rocky trail to Sinuwa. Slightly uphill comparatively easier walk for about an hour through rhododendron forest up to a small waterfall. We can spot Langur monkeys in the forest. After a short undulation, we descend through long and steep stone staircase to Bamboo.

## Walking Time: 6-7 hrs. Accommodation: Local Lodge. Included Meal: B, L, D

# Day 4: Bamboo to Machhapuchhare Base Camp (3700m/12135ft)

Today also our trek follows Modi Khola valley/gorge. After an hour and half first gentle and then steep ascent, we reach Himalaya Hotel. Occasionally, we see fantastic views of Machhapuchhre and the valley ahead along the trial today. Past Himalaya Hotel it's a steep climb up through bamboo thickets before reaching Hinku Cave. We cross a small river after a small descent before climbing again to Deurali, the most amiable stretch of the day. The vegetation is sparser, allowing delightful views of the valley and the river below. We can also see wispy waterfalls cascading on sheer rock face cliffs. We cross the small bridge on the Modi Khola and continue climbing up the wide and boulder scattered glacial valley. The Machhapuchhre looks very different now as the vegetation is sparse of mainly upland rhododendron. We cross Modi Khola once again and after following it for a while we start climbing up to Machhapuchhre Base camp. The trail leaves the river and ascends steadily towards the moraine ridge ahead on the left side of the valley behind which the lodges are situated. We feel rewarded reaching Machhapuchhre base camp as



we see majestic views of the magnificent Mt. Machhapuchhre along with Mt. Hiunchuli, Annapurna South, Annapurna I, Annapurna III, Gandharvachuli and Gangapurna, etc.

## Walking Time: 7 hrs. Accommodation: Local Lodge. Included Meal: B, L, D

## Day 5: MBC to Annapurna Base Camp (4,130m/13,545ft) and back to Deurali (3230m/10,595ft)

We wake up early morning (around 4pm) as we have to reach Annapurna Base Camp at before sunrise to view the Himalayan sunrise panorama. The vegetation disappears on our way to Annapurna Base Camp and the trail climbs steadily up the gorge between the moraine ridge of Annapurna Glacier and Hiunchuli Peak with an incredible view of Annapurna South and Baraha Shikhar ahead and Machhapucchhre looking back. In about two hours we reach Annapurna Base Camp. At Annapurna Base Camp, we are surrounded by Himalayan massifs. The sanctuary boasts of a vibrant view as there is nothing to block the 360-degree panorama including compelling views of the Machhapuchhre, Annapurna I, Annapurna south, Hiunchuli and so many other peaks. We can walk to the cairns at the edge of the moraine, and walk along this ridge for good views of Annapurna I and the glacier. We trek down to Deurali.

## Walking Time: 7 hrs. Accommodation: Local Lodge. Included Meal: B, L, D

## Day 6: Deurali to Chhomrong

After breakfast, we retrace our steps back to Bamboo. Today's trek is downhill so it shouldn't be very difficult although you should take care of your shaky legs. Enjoy playing with the crystal clear torrential glacier water pounding through huge boulders. Soon after, we are back in the forest, starting with dry forest and then humid forest near Bamboo. It is an uphill trek to Kuldighar followed by a downhill walk to Chhomrong Khola. Then climb the stone steps to Chhomrong.

## Walking Time: 6-7 hrs. Accommodation: Local Lodge. Included Meal: B, L, D

## Day 7: Chhomrong to Ghandruk (1940m/6364ft)

Its downhill from Chhomrong up to Komrong Khola. After crossing Kimrong Khola over a bridge, we start up hill walk up to Kot Danda. We have lunch at Kot Danda and then start comparatively easy walk to Ghandrunk. Ghandruk is a hill top village where the Gurung people live boastfully with their long history and culture. You can enjoy walking through the narrow lanes of the village and photographing the picturesque buildings that showcase nepali culture.

## Walking Time: 5 hrs. Accommodation: Local Lodge. Included Meal: B, L, D

## Day 8: Ghandruk to Nayapul and drive to Pokhara

Today is the last trekking day on our Annapurna Base camp trek. We savor the beauty of Himalayas early morning and after breakfast start our trek. The first part of the trek is mainly downhill and the trek gradually opens up into a large valley with many small villages and farms. You will notice more traffic of trekkers today as you walk through common trail leading to many trekking areas of Annapurna region. The scenery is still pretty looking down the valley and its terraced fields, get last last glimpse of the Annapurna's before they disappear behind the valley hills. We finally reach Nayapul from where we board a local vehicle to Pokhara. As we arrive Pokhara early, first we may would like to take a nice hot shower followed by hang around the Phewa Lake side area, shop around the markets and



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enjoy the vibe of Pokhara, the beautiful city of lakes with nice view of mountains. Celebrate successful trek completion with the crew and recently made friends drinking and dining at a nice restaurant in Pokhara.

### Walking Time: 5 hrs. Accommodation: City Hotel. Included Meal: B, L, D

## Day 9: Pokhara to Kathmandu

We drive back to Kathmandu today. Try to get left pane of your vehicle to enjoy the greeneries, mountains, river gorges, villages and terraces during the drive. In the evening, we will have a farewell dinner in a traditional Nepalese restaurant with cultural performances.

#### Driving Time: 6 hrs. Accommodation: City Hotel. Included Meal: B

Note: You have the option to extend your trip with an extra day at Pokhara (Pokhara is a beautiful city to relax after a long trek), Chitwan jungle safari, rafting adventure, Bunjee Jumping, Kayaking, Canoeing, Kathmandu valley shopping tour, Bhaktapur and Patan sightseeing, scenic Everest flight, mountain biking and other activities.

#### Day 10: Departure

Your Annapurna Base Camp short Trek concludes today. Our airport representative will drop you at the international airport in Kathmandu for your departure flight from Nepal. We hope beautiful Nepal, the magnificent Himalayan sceneries, and unique cultural experience you got along your Annapurna Base Camp Trek will stay in your memory lifelong and you will go back home with a sense of achievement.

Included Meal: B