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# Around Kathmandu Valley Trekking - 7 Days

Around kathmandu valley trekking with family and kids can be the new exciting experience in the Himalayan country Nepal. The guided sightseeing around the Kathmandu valley, trekking and hiking around the sundarijal, Dhulikhel, chisapani and namo-Buddha gives you not only the picturesque scenery and great trekking experience but it also gives you an opportunity to explore the local cultural richness, tradition and lifestyle. Around kathmandu valley trekking can be an incredible learning experience especially for your kids. They will surely love the fun while large number of monkeys at Swayambhunath temple, acknowledging the ancient culture and unique landscapes. The whole trip would be the perfect trekking and sightseeing holiday in the Kathmandu city.

The sightseeing around the UNESCO world heritage sites in Kathmandu city offers the exceptional opportunity to be at pilgrimage sites, exploration of ancient palaces, pagoda style temples, museum, stupas and monasteries. Then we will be driving towards sundarijal in a private vehicle and initiate the trekking activity towards chisapani via mulkharka vilaage passing through beautiful gorges, rhododendron forests, water dams, huge rocks, glittering river side. Further the trekking trail leads us to kali mandir, a holy place and towards Dhulikhel. It is the ancient village with majority of Newars inhabitants. Finally after 5-6 hours of we arrive at Namobudhha. Namobudhha is the major attraction of this trip and also is the biggest Buddhist temple in Nepal. Next morning after watching the beautiful sunrise over the hills we will drive back to Kathmandu.

Around kathmandu valley trekking with your family along the kids with Icicles adventure and enjoy the delightful trekking experience along the practical learning opportunity to kids.

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## PRICE INCLUDES

- Airport and hotel transfers as per itinerary in private vehicle
- 3 nights' accommodation (twin sharing) in Kathmandu in a 4-star category hotel: Ramada Encore or similar
- Guided sightseeing tour in Kathmandu including temple/monument entry fees and private vehicle
- Best available guesthouse in Chisapani, one night standard hotel in Nagarkot
- Surface transfer from Kathmandu to Sundarijal and Namobuddha to Kathmandu by private car
- Shivapuri National Park permit
- Meals (breakfast, lunch and dinner) during the trek
- One highly experienced friendly trekking guide including his food accommodation, salary, equipment, and insurance

## PRICE EXCLUDES

- Alcoholic drinks and cold drinks
- Personal expenses such as phone calls, bar bills, laundry, bottled or boiled water, extra porters, etc.
- Personal equipments and clothing
- Tips for staffs

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## ITINERARY IN DETAIL

### Day 1: Arrive at Tribhuwan International Airport (TIA) Kathmandu

As you land at Tribhuvan International airport, finish your custom formalities (visa, etc.) and get to the airport waiting terminal, you will find our representative waiting to greet you. He/she will be holding Icicles Adventure Treks and Tour signboard and your name. You will be then transferred to your respective hotel in our private vehicle. Overnight in hotel Overnight at Hotel.

### Day 2: Trek preparation and Kathmandu Valley Sightseeing Tour

After breakfast we start a guided tour of several historical andspiritual sites in Kathmandu which are also listed as UNESCO World Heritage Sites including the historic Durbar Square, the sacred Hindu temple of Pashupati Nath, the famous 'Monkey Temple' (Swayambhunath) and Buddhists shrine (BouddhaNath) which is one of the large Stupas in the world. Later after sightseeing program, we will introduce you with your trekking guide and have a small pre-trip meeting. You are advised to pack your things and be set up for your actual adventure that will begin the next day. Overnight in hotel. . (Breakfast Included)

### Day 3: Kathmandu-sundarijal-chisapani(2194m)

Drive one hour to sundarijal by private car then trek to chisapani 4 hours via mulkharka vilage and forest trail. Then stay overnight at lodge. (Breakfast, Lunch and Dinner Included)

### Day 4: Chisapani to Dhulikhel (1431 m) – 5 hours

From Dhulikhel, the trail climbs up to the Kali Mandir, a temple dedicated to Goddess Kali. From there the trail drops down to the village of Kavre and past a line of shops and tea houses. It then climbs again through pine woods past Phulbari and up and down a couple of more hills before you reach the hill of NamoBuddha. Namobouddha situated at an elevation of 1750m is very important Buddhist Pilgrimage site. The Stupa and shrines built in this lovely little hill mark a very ancient holy site significantly enough where a legendary prince named Mahasattva offered himself to a starving Tigress with its several underfed cubs. This legendary episode is depicted in a very nice stone slab and placed right next to a holy Stupa. (Breakfast, Lunch and Dinner Included)

### Day 5: Dhulikhel- Namobuddha(1930m) 5 hour

Continue hike to Namobuddha. Namobudhha is one of the biggest Buddhist temple in Nepal. It takes 5hours then stay overnight at lodge. (Breakfast, Lunch and Dinner Included)

### Day 6: Namobuddha - kathmandu

Early in the morning see the sunrise and see the view of village and mountains and have breakfast at same hotel then drive back to Kathmandu by private car. Overnight at Hotel. (Breakfast, and Lunch Included)

### Day 7: Final Departure

*Today you're around Kathmandu Trek trip comes to an end. If you have more time you can do some shopping or sightseeing. Approximately 3 hours before your scheduled flight a representative from Icicles Adventure Treks and Tour will take you to the airport for your flight back home. We are sure our service and the Himalayas hospitality has captivated you to come back again!*