

## Bhairav Kunda Trek - 14 Days

"Bhairav Kunda trek," the name itself defines that it is named after the brutal image of Lord Shiva "Bhairav," undertaking major cultural and spiritual importance to Hindus and Buddhists. It is a pilgrimage trek not very far away from Kathmandu, lying at the north-eastern border of Tibet and Nepal.

Trekking in the Bhairav Kunda Lake is considered a moderate difficulty level situated at an altitude of 4250m, where we will be pursuing through the land. It is a typical camping type of trekking for a short period of time, 10 days.

The full moon day in August-September (Bhadra) is the major day as a festival is held annually. It is the golden opportunity to learn and explore more about the Hindu and Buddhist culture during this season.

We begin our spiritual Bhairav Kunda Trek after driving 81 km northeast from Kathmandu towards Jalbire. On our trekking trails, we pass through wonderful villages inhabited mainly by Newars and Tamangs as we move ahead up towards Forest camp.

Then we gradually move towards Pati, following the Khani gaon and forest camp through dense forest where we come one step closer to wild nature. Although Bhairav Kunda trekking is popularized as a spiritual and pilgrimage trekking trip, it is equally exciting and scenic.

It offers magnificent views of glorious snow-capped mountains like Dorje Lakpa, Madiya, Phurbi Ghhaychau comprising Jugal Himal Range, and other Tibetan glaciers and plateaus. After climbing a steep hill, we reach our destination Bhairav Kunda where the temple of Lord Shiva is also there, adding spiritual satisfaction to Hindu and Buddhist pilgrims.

Then we trek further for a couple of days, leaving Sherpa Gaun behind to reach Larcha. Finally, we end our pilgrimage cum short and easy trek and drive back towards Kathmandu.

It is a comparatively short and easy trek with moderate difficulty, and people with an average level of fitness can experience this ultimate pilgrimage trekking to the fullest. No past trekking experience is required; however, it is recommended for jogging and regular exercising, which would certainly be an added advantage in these trekking conditions.

### Accommodations and Meal during the trek

Accommodations are included in the trip cost and Icicles adventure treks have chosen the Four nights accommodation with breakfast at a 3-star category hotel in Kathmandu, and 15 nights in a comfortable two-men camping tent. To sleep in a tent, 4 season sleeping bag, and foam mattress will be provided.

We maintain standard comfort in every matter based on enforceable conditions such as weather calamities. All hotel and camping accommodation is on a twin-sharing basis.

## PRICE INCLUDES

- Airport / Hotel / Airport pick up & drop off by car / Van / Bus.
- 4 nights' accommodation (twin sharing) in Kathmandu in a 4-star category hotel: Ramada Encore or similar
- 1 nights' accommodation in Pokhara (inclusive of Government taxes, breakfast, lunch & dinner).
- Guided city tour in Kathmandu valley as per above program.
- An experience Guide (trained by Ministry of tourism), required number of porters, their food, accommodation, salary, insurance, equipments.
- Surface Transfer to and from Kathmandu by bus.
- Meal (veg. / non veg.) prepared by our expert cook.
- Trekking equipment (two men tent, dining tent, kitchen tent, Table with chairs, kitchen utensils, Down sleeping bag / Jackets, walking sticks, and other necessary equipments during the trek).
- All conservation fees and TIMS.
- Tourist service charge, Vat.
- Office Service charge.

## PRICE EXCLUDES

- Meals whilst in Kathmandu allow US\$ 10 – US\$ 12 per meal.
- Travel insurance (if you want us to arrange your travel insurance, we would greatly be happy to assist).
- International air fare to and from Nepal.
- Nepal entry visa , you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu. (Tourist Visa with Multiple Entry for 30 days can be obtained by paying US \$ 40 or equivalent foreign currency. Similarly, Tourist Visa with Multiple Entry for 90 days can be obtained by paying US \$ 100. Please bring 2 copies of passport size photos.) US\$ 40 (duration 30 days from date of issue)- you may easily issue the visa upon your arrival at Tribhuwan International Airport – Kathmandu.
- International Airport Tax in Nepal – approx. US\$ 24.
- Items of a personal nature
- Any kind of alcoholic drinks, hot water, hot shower, cold drinks, laundry, phone call and internet.
- Tips for guide, porters, driver, etc. (Tips are expected)

## ITINERARY IN DETAIL

### Day 1: Arrival in Kathmandu airport (1345meters)

Our airport representative will be receiving you at Tribhuvan International airport, Kathmandu and s/he will be displaying an icicles adventure treks and tour signboard outside the airport terminal. You will be then transferred to your respective hotel in our private tourist vehicle. Overnight at Hotel.

### Day 2: Trek preparation & city tour in Kathmandu

Sightseeing of world heritage sites in Kathmandu valley including, Kathmandu Darbar square, Swayambhunath Temple, Boudhanath Stupa & Pashupatinath Temple. Overnight at Hotel. (Breakfast Included)

### Day 3: Kathmandu (1350m.) - Jalbire (1000m.)

Drive by Bus about 4-5 hours Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### Day 4: Jalbire - Chanaute (1350m.) 4hours walk.

Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### Day 5: Chanaute - Khani Gaon (2000m.) 6hours walk.

Overnight at Tented Camp. (Breakfast, Lunch and Dinner Included)

### Day 6: Rest day with Local Village sightseeing Overnight at Tented Camp.

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### Day 7: Khani Gaun - Forest Camp (3150m.) 6-7 hours walk Overnight at Tented Camp.

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### Day 8: Forest Camp - Pati (3765m.) 5 hours walk Overnight at Tented Camp

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### Day 9: Pati - Bhairab Kunda (4250m.) 3 hours walk Overnight at Tented Camp

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### Day 10: Bhairab Kunda - Sherpa Gaun (2500m.)

After Sunrise view 6-7 hours walk. Overnight at Tented Camp.  
(Breakfast, Lunch and Dinner Included)

### Day 11: Sherpa Gaun - Larcha (1500m.) and visit Hot spring (Kodari highway)

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### Day 12: Larcha - Kathmandu drive by bus 5-6 hours

overnight at hotel. (Breakfast, Included)

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**Day 13: Leisure day in Kathmandu**

Leisure day in Kathmandu. Overnight at hotel. (Breakfast, Included)

**Day 14: Transfer to international airport for your final departure. "Farewell"**

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