Ganeshraj Marg, Paknajol Height, Thamel, Kathmandu
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Chepang Hill Home Stay Trek - 9 Days

Chepang Hill Home Stay Trek is a great chance to experience the ancient cultural and unique pastoral lifestyles of Chepangs. They still live at forest and rely on the natural forest products for life instead of cultivating around areas. This nomadic group is far away from modernization. Chepang Hill Home stay Trek offers wonderful opportunity to get insights into their astounding and hundreds of years old customs, cultures and lifestyle in present world of globalization and modernization.

Our Chepang Hill Home Stay Trek initiates as we take a drive from Kathmandu to Hugdi and trek for couple of days through Hattibang, Jyandala, Gadi, Shaktikhor and finally return back to capital city. There will many local homes where we can stay and experience the true feeling of authentic home stay trekking in Nepal. Chepangs live their lives involving in various activities like hunting, searching for roots, fishing and traditional cultivating around forest areas. You get to how they live, where they live, how they socialize, speak, about their rituals and festivals etc. during this cultural home-stay trek. Chepang Hill Home Stay Trek also offers great views of snow capped mountains, picturesque landscapes along with cultural exploration of Chepangs and diversified ethnic groups of Gurung, Magars, Tharus, Kumal and others.

Chepang Hill Home Stay trek would be ideal for all those who loves to explore different cultures, traditions, meet new people and enjoy natural beauty of Himalayas, landscapes along with it. Being a short and easy home stay trekking anyone can embark for this trek regardless their fitness and holiday time.

Join Chepang Hill Home Stay Trek with Icicles Adventure Treks for all arrangements and services par excellence.

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PRICE INCLUDES

- Airport and hotel transfers as per itinerary in private vehicle
- 3 nights' accommodation (twin sharing) in Kathmandu in a 4-star category hotel: Ramada Encore or similar
- Guided sightseeing tour in Kathmandu including temple/monument entry fees and private vehicle
- Meals (breakfast, lunch and dinner) during the trek
- Best available home stay accommodation (twin sharing) during the trek
- Staff– one professional, knowledgeable and friendly English speaking trekking leader along with assistant guide (6 trekkers : 1 assistant guide) and porters (2 trekkers : 1 porter) including their food, accommodation, salary, equipment, transportation, and accidental insurance
- Ground transportations transfers by private vehicle
- Duffel bag, sleeping bag, and down jacket for use during the trek
- Icicles Adventure T – shirt, trekking map and trip achievement certificate
- First aid medical kit
- TIMS (Trekkers' Information Management Systems)
- All government taxes & office service charge

PRICE EXCLUDES

- Nepal visa arrangement (more on Nepal Visa Information)
- International/Domestic airfares
- Excess baggage charges
- Travel and rescue insurance
- Added night/s accommodation in Kathmandu or Pokhara because of early arrival, delayed departure, early return from mountain (due to any cause) than the programmed itinerary
- Lunch and dinner in Kathmandu or Pokhara (and also in the case of early return from mountain than the programmed itinerary)
- All kind of drinks (alcoholic, hot, or cold)
- Personal expenses such as phone calls, bar bills, laundry, battery recharge, bottle or boiled water, hot shower, extra porters, etc)
- Personal equipment, and clothing
- Tips for guides and porters (tip is expected)

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ITINERARY IN DETAIL

Day 1: Arrival at Kathmandu Airport and transfer to the hotel

Our office representative will receive you from International Airport and transfer you to the hotel. In the evening we will arrange your meeting with your trekking guide so that you can have your queries solved if you have any.

Day 2: Kathmandu: UNESCO World Heritage sites Tour and Trek preparation

We explore the UNESCO World Heritage sites of exotic Kathmandu. We climb many steps to Swayambhunath (at 1420 m). Also known as the monkey temple, Swayambhunath with its whitewashed stupas sits on a hilltop that also gives commanding views of Kathmandu. Its unique synthesis of Buddhism and Hinduism is noticeable. Way back, we visit Durbar Square, one of the old place complexes of the Kathmandu valley, is a blend of Hindu and Buddhist temples, ancient architecture, and statues, and is often the site of festivals, and ceremonials. Teeming with images of gods and goddesses, crowded with temples and shrines, the city streets and country roads are like a museum without walls. Your guide will explain the religious puja (chanting), and its significance as part of everyday life in Kathmandu Valley. We next visit Boudhanath Stupa, the two overlooking eyes of whose attract pilgrims of Buddhist realm. In the midst of traditional gompas, and hung with long strings of multi-colored prayer flags, Boudhanath attracts Sherpas, Tibetans and tourists alike for daily circumambulations (koras) of the stupa. We also visit Pashupatinath, a most celebrated and scared Hindu temple complex on the bank of the holy Bagmati river where trident-bearing saddhus draped in burnt-orange and saffron sit serenely meditating and the nearby forest resident, monkeys run up and down the steps of the burning ghats. Accommodation: City Hotel. Included Meal: Breakfast.

Day 3: Drive from Kathmandu to Hugdi

After having our early meal,we drive to Hugdi, which is 80 km away from Kathmandu on the western side. Hugdi is situated at about 310 meters from Sea leave and we stay in a house managed by the local family. In the evening you can stroll around the area and experience the village life. You might get a chance to see the farmers milking their buffalo and getting involved in other household activities. Overnight at Local home stay. Included Meal

Day 4: Trek to Hatti bang

Today we trek for approximately 5 hours and our as the altitude suggested we will be gradually going up from Hugdi. We stop at local Magars community and then continue walking for an hour before lunch. After having our lunch in another couple of hours we are at Hatti bang which offers a scenic view of the Annapurna range and peaks during clear weather. In the evening, we interact with the local host regarding their daily life. Our trekking guide will interpret as many of them don't speak English at all. Overnight at Local home stay. Included Meal

Day 5: Trek to Jyandala

We will trek for nearly 5 to 6 hours before arriving at Jyandala. The village is known for stunning panoramic views of western side Himalayan ranges if Nepal. Besides the hospitality of the home stay in Nepal, it is a unique place in terms of view as you can see some of the highest peaks in the worlds such as Dhaulagiri, Manaslu, Annapurna and the flat lands which are less than 100 meters from sea level. Evening nice meal from the host. You can try your hand in cooking traditional Nepali food Overnight at Local home stay. Included Meal

Day 6: Trek to Upper gadi

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Today is very interesting day of the trek as we go up and down time and again and the dense forest with more than 300 species of birds makes it more interesting. Besides the large number of birds different species of wild animals are also seen in this area but during day time encounter with the wild animals is very rare. By the end of the day you will have walked almost 6 hours and start feeling tired. Overnight at Local home stay. Included Meal

Day 7: Trek to Shaktikhor

In the last day of our Chepang hill Home Stay Trekking, we will walk down to about 300 meters and the walk is about 5 and a half hours. After we reach Shaktikhor we will visit the Chepang Museum, waterfalls and caves. You can also visit the camp of the Maoist guerrillas. In the evening we will organize a Chepang cultural program for you. Overnight at Local home stay. Included Meal

Day 8: Drive to Kathmandu

Drive back to Kathmandu from Shaktikhor or you can extend your trip to Chitwan national park for an added experience.

Day 9: Final Departure

Transfer to airport by our representative for your onward destination.