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Everest Base Camp Overland Tour - 8 Days

Everest base camp overland tour begins in Lhasa. We spend couple of days in Lhasa to acclimatize and prepare ourselves for our ultimate altitude gain above 5000m. In our couple of days stay in ancient city of Lhasa, we we exhibit some of the most spectacular landmarks on the world. These major attractions are Potala Palace of Dalai Lamas, Norbulingka palaces, Jokhang Temple, Tibet Museum, Barkhor Bazar and spectacular views of the unique landscapes and cities. After exploring the wonderful city of Lhasa we move further to explore other wonderful cities like Gyantse, Sigatse, Shegar, Ronguk, Old Dingri and Kyirong. This Everest base camp overland tour will be the perfect blend of exploring Tibetan Buddhist cultures in centuries old Monasteries with the amazing and spectacular views of landscapes, scared lakes, glaciers and snow-capped mountain ranges.

Our Everest base camp overland tour finally quests the Everest base camp at the 6th day and the views of Everest are so close that the mountain seems even more impressive than before. On our Everest base camp overland tour while passing the base camp of top of the world Mt. Everest we drive towards the Tingri, Zhangmu and finally after crossing the border we drive towards Kathmandu.

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PRICE INCLUDES

- Accommodation, as mentioned in the program,
- B.B for the entire tour,
- All necessary Tibet entry and road permits,
- 1 Local Tibetan English-speaking guide,
- Transportation by tourist minivan or bus for the entire tour,
- All entry fees to the sites and monasteries,
- Yamdrok Lake conservation fee,
- Karola glacier conservation fee,
- Everest conservation fee for all members, guides, and vehicles,
- Everest base camp conservation fee for all members and guides,
- Everest's conservative bus fee
- Oxygen in case needed.

PRICE EXCLUDES

- Air ticket and air tax,
- China Visa fee,
- Service charge of Nepal and mainland China side,
- Lunch and dinner,
- And personal insurance.
- Any extra cost in the event of landslides and personal nature expenses.

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ITINERARY IN DETAIL

Day 1: Arrival in Lhasa by train or air and transfer to downtown Lhasa (3650mts/45km) Kyichu hotel or similar

Arriving in Lhasa, the ancient holy city of Tibet and Our Tibet travel guide and driver will be welcomed you at the railway station and transfer to the hotel. Rest in the afternoon.

Day 2: Sightseeing tour in Lhasa, Potala Palace, Jokang temple, Bharkor Bazar. Kyichu hotel or similar

After breakfast, start your Tibet tour; take a short walk to Potala Palace, which will take 15 minutes from your hotel. POTALA PALACE The Potala is considered one of the world's great wonders. It is held sacred by Tibetans as the former residence of successive Dalai Lamas and is one of Tibet's most holy pilgrimage sites. A palace was originally built in the 7 th century by King Songtsen Gampo, and was believed to have been nine stories high, but around the 9 th century it is believed to have been destroyed by a big fire. The present Potala Palace was constructed by the great fifth Dalai Lama in the 17 th century after he became ruler of Tibet. The Potala Palace is divided into two sections, the White Palace (completed in 1653) and Red palace (completed 1694). It has more than one thousand rooms and is thirteen stories high. The White Palace was secular in nature and mainly used for government administration, whilst the Red palace was mainly used for religious functions and still has numerous chapels, including those containing reliquary stupas of the successive Dalai Lamas which are richly decorated in gold, silver and semi-precious stones. Afternoon, visit Jokang temple and Bharkor. JOKANG TEMPLE The Jokang is Tibet’s most sacred temple, the main point of pilgrims from the Tibetan plateau. Located at the heart of the ancient town of Lhasa, it was built in the 7th century by the Tibetan King Songtsen Gampo’s queen Bhrikuti on a site identified by Queen Wencheng according to her geomantic calculation. The temple is three stories high and constructed with enormous chapels, including the most sacred statue of Budhha Shakyamuni, which is enshrined. It has around 70 monks nowadays. ANCIENT BHARKOR STREET is the most holy pilgrimage site in Lhasa, and it is full of pilgrims from down till dusk. There are four huge prayer flags situated in Bhakor Street, which surrounds the Jokang, known respectively as Gadhen Dharchen in the northeast, Juyak Dharchen in the west, Kelsang Dharchen in the southwest, and SharKyaring Dharchen in the southeast. Bharkor Street is the most active market in all of Tibet, and it is possible to purchase traditional Tibetan artifacts, religious implements, antiques, modern goods, books, music, clothing, spices, fresh meat, and vegetables.

Day 3: Drepung and Sera monasteries. Kyichu hotel or similar

After breakfast, drive to Drepung monastery which will take you 15 minutes drive from your hotel. DREPUNG MONASTERY is the largest monastery in Tibet, built in the 15 th century by Jamyang Choeje who is one of Tsongkapa’s foremost disciple. The monastery is beautifully located up in a hill at the distance of 7 Km from the old section of the city and it is the biggest monastery in Tibetan Buddhism. The monastery has four main colleges with numerous small chapels and house chapels, known as Khangtsen in Tibetan. There are around six hundred monks nowadays. Afternoon, visit Sera and Norbu Lingka. SERA MONASTERY was founded in around 15th century by Jamchen Choeje who is another famous disciple of Tsongka pa and it is the second largest monastery of Tibet. There are three big colleges with numerous chapels and house chapels. The most attraction to visit this monastery is to see

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the monks debating which hold from 3-5Pm everyday apart from Sunday. NORBU LINGKA is the first summer Palace which was founded by the seventh Dalai Lama in 18 th century and the first Palace Kelsang Podrang was also constructed as the same name as the 7 th Dalai Lama, Kelsang Gyatso. The eight Dalai Lama Jampel Gyatso (1758-1804) did more initiated work on the Norbulingka, expending the gardens and digging a lake which can be found south of the new summer Palace. The thirteenth Dalai Lama (1876-1933) was responsible for the three Palaces in the north west corner of the park and the fourteen the Dalai Lama built the new summer Palace in 1956. Nowadays there are some monks who are taking care of the Palace.

Day 4: Drive Lhasa-Yamdrok lake-Gyantse-Shigatse.(3900Mts/350Km) Shiga Yangcha Hotel or similar on BB

You will start your tour at around 8 am from your hotel and then drive towards Gyantse through 3 big mountain passes, Gampa La, Karo La, Simila respectively. Karola is the highest pass among them which is over 5000Mts with it's most beautiful glaciers, beautiful Yamdrok lake emerged as coral color from the top of Gampala pass. Drive along the beautiful Yamdrok lake and Karola glaciers. Arrival in Gyantse during your lunch time, visit Palchoe monastery and Kubum Pagoda stupa. Continue your journey to Shigatse by passing one of the biggest farming lands in Tibet where people grow barley, wheat, different kinds of vegetables.

Day 5: Drive from Shigatse to Shegar. (4050mts/ 240Km) Tibet roof of the world international hotel on B.B

Morning, Visit Tashi Lhunpo monastery, the seat of the Penchen Lama and the biggest monastery in the Tsang region or in the western part of Tibet. You will finish your sightseeing by around 11Am and then continue your journey towards Rongbuk, driving through two big mountain passes, Gyatso la 5220Mts, Pangla pass 5000Mts, and some beautiful villages and the first view of Mount Everest from the foot of Gyatso la pass.

Day 6: Drive from Shegar to Rongbuk monastery. (5000mts/ 100Km) Guest house on B.B

Start early morning from Shegar so that you will have a fantastic view of five peaks, Everest, Jo Oyu, Makalu, Lhotse and Shisha Pangma. After half an and two hours drive, you will reach Rongbuk monastery, explore Everest base camp and stay overnight in Rongbuk monastery.

Day 7: Drive from Rongbuk to Kyirong town, the new Nepal Tibet border.(2800m / 367Km) Phuntsok Rebsal Hotel on B.B

You will start your tour at 8.30 Am and drive through a rough road for 65Km until you get to the friendship high way where Old Dingri is located. Old Dingri is one of the popular places to stop a night in order to view mount Everest for tourists especially for those who are unable to go to Mount Everest because of altitude problem. You will drive through the last pass after Pekutso. From the top of those places, you will say final good bye to the beautiful Himalayan range including Shisha Bangma mountain which is also over 8000Mts and popular to the mountain climbers.

Day 8: Drive to Sybrubisi border (27Km) and then continue to Ktm. (1300Mts/150Km)

Drive for 27km distance from Kyirong and meet our representative from Nepal, clear the immigration procedure and, obtain your Nepali visa & transfer to Kathmandu. Driving up and down in the forested mountain with beautiful villages

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on the slopes of both sides mountains.