

E-Mail: sales@iciclesadventuretreks.com www.iciclesadventuretreks.com



Family Holidays in Nepal - 10 Days

Family holiday in Nepal is specially designed to make sure you have a quality time full of excitement and fun with your family. Starting with the cultural sightseeing around the Kathmandu valley, drive to Nagarkot hill, the wilderness thrill at Chitwan National Park, enjoying the scenic Pokhara valley and the stunning sunrise view from the Sarangkot viewpoint and hiking towards Australian camp certainly immerse you in the natural beauty of Himalayan kingdom Nepal.

First we will go for sightseeing the five UNESCO world heritage sites namely Kathmandu Durbar Square, Bhaktapur Durbarsquare, Syoyambhunath stupa, Baudhanath stupa and Pashupatinath temple. Your kids will surely love the monkeys in the monkey temple (Soyambhunath stupa). Also the views from the top give nice view of Kathmandu valley. The Kathmandu and Bhaktapur durbar square reflects the palaces, museums and history of ancient rulers of these cities respectively. We will connect our route to Nagarkot and the sunrise view from nagarkot is just amazing, the rays of sun will change the snow-capped White Mountains into beautiful golden color. Further we head towards Chitwan ntional park, where the jungle safari over the elephant will be take you close to the nature at its wild state. Similarly, the Pokhara is known for its natural beauty. The lakes, caves, waterfalls surrounded by the Himalayas will make you spellbound. The trip to Australian camp and Sarangkot is equally magnificent and offers spectacular views of Pokhara valley.

We, Icicles Adventure Treks and Tours would like to welcome you to create some wonderful memories with your family with our professional and dedicated team.



Ganeshraj Marg, Paknajol Height, Thamel, Kathmandu Tel: +977-01-4988659

E-Mail: sales@iciclesadventuretreks.com www.iciclesadventuretreks.com

PRICE INCLUDES

- Airport / Hotel / Airport pick up & transfer by private car / van
- Three nights' accommodation with breakfast at a 3-star category hotel in Kathmandu
- One night accommodation in Nagarkot inclusive of breakfast
- Two nights three days jungle safari tour in Chitwan national park including all meals
- A night accommodation with breakfast at a 3 star category hotel in Pokhara
- Full day sightseeing tour in Kathmandu, and Pokhara inclusive of all entrance fees, vehicle and tour guide
- · All tour activities as per above program
- Surface transfer to/from Kathmandu by private car/van/bus
- Entry permits and fees for all temple, park, monasteries, cultural and historical spots
- All our government taxes
- flight from Pokhara Kathmandu including departure taxes
- two nights' accommodation with breakfast at a 3-star category hotel in Pokhara
- Meals (breakfast, lunch and dinner) during the trek
- Best available twin sharing lodge to lodge accommodation during the trek
- One highly experienced, helpful and friendly guide, porter (1 porter for 2 people) and their food accommodation, salary, equipment, and accidental insurance for all staff

PRICE EXCLUDES

- Foods on every place not more than above indicated as per programs
- International airfare
- Nepal entry visa: you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu. (a
 multiple-entry tourist visa good for 30 days can be obtained by paying US \$ 40 or equivalent foreign currency.
 Similarly, multiple-entry tourist visas for 90 days can be obtained by paying US \$ 100. Please bring 2 copies of
 passport-size photos.)
- All cold drinks such as: alcoholic beverages, soft drinks, mineral water, etc.
- · Personal shopping and laundry
- · Tips for guide and driver



Tel: +977-01-4988659

E-Mail: sales@iciclesadventuretreks.com www.iciclesadventuretreks.com



ITINERARY IN DETAIL

Day 1: Arrive at Tribhuwan International Airport in Kathmandu

Welcome to Kathmandu! Once you land at Kathmandu airport (Tribhuvan International Airport), retrieve your luggage and go through customs (visa, etc.). Then get to the arrival terminal. You will find our representative waiting to greet you. He/she will be holding Icicles Adventure Treks and Tour signboard with your name on it. A comfortable private transfer will take you to the reserved hotel. After checking in, we suggest you have a good rest for the remainder of the day to recover from the jet lag. Overnight in hotel.

Day 2: Sightseeing tour in Kathmandu Valley - Nagarkot

After breakfast, we start an interesting tour around Kathmandu. Escorting by an English speaking guide (can be provide any language speaking guide on request) be, try to give them a full taste of our vivid culture image and an enchanting manner of its people. In our sightseeing tour we go to Monkey temple Swayambhunath, Pashupatinath Boudhanath Stupa and Kathmandu Durbar square.

Durbar Square: -This complex of palaces, courtyards and temples, built between the 12th and 18th centuries, used to be the seat of the ancient Malla kings of Kathmandu. An intriguing piece here is the 17th century stone inscription set into the wall of the palace with writings in 15 languages. The Durbar square, protected as an UNESCO world Heritage site, is the social, religious and urban focal point of the city. There are also museums inside the palace building. There is an entrance fee of Rs.250 for foreign visitors. Your ticket to the Square entitles you to visit all the museums.

Swayambhunath, 6.5 kilometers west of Kathmandu, situated on a hillock, this 2000 years old Stupa is the world's most glorious Buddhist shrine and is surrounded by several small pagodas. The main temple is capped by a pinnacle of copper gilt and is painted on the four sides with all seeing eyes of Lord Buddha.

Pashupatinath, dedicated to Lord Shiva, is the holiest and most famous Nepalese temple. Situated 5 kilometers northeast of Kathmandu on the bank of the sacred Bagmati River, it is an impressive pagoda style structure with gilt roof and richly carved silver doors. It has bathing and cremation ghats, which are of absorbing interest to the tourist, particularly in the mornings and on festival day

Boudhanath Stupa, one of the largest stupas in the world and an important Buddhist pilgrimage. The unique octagonal Mandala design with hundreds of prayer wheels and the 108 images of the Buddha set into the niches around the huge structure. The area of Boudhnath is also famous for over 50 Tibetan Gompas or monasteries, the also being known as the 'Little Tibet'. (Breakfast, Included)

Day 3: Nagarkot - to Chitwan National Park

Early the morning, you begin the day with a stunning sunrise view and together magical Himalayan panorama dominating the sky. We will be served rousing breakfast before driving back to Chitwan, the Chitwan National park, perhaps the best park in Nepal, after arriving here; tour briefing is organized before we begin Jungle Safari. The focal activities include bird watching, jungle walk, elephant ride, boating, village tour, canoeing etc. In the evening, enjoy cultural show and bonfire, in particular, during winter time. Overnight at resort, (Breakfast, and



Ganeshraj Marg, Paknajol Height, Thamel, Kathmandu

Tel: +977-01-4988659

E-Mail: sales@iciclesadventuretreks.com www.iciclesadventuretreks.com



Dinner Included

Day 4: Full day jungle tour in Chitwan

This day, with full day to discover the Park where best preserved rare animals can be sighted including one horned rhino, Royal Bengal Tiger and several birds. Overnight at resort, inclusive of full board meals. Overnight at resort, (Breakfast, and Dinner Included)

Day 5: Drive to Pokhara 5 hrs.

After breakfast we drive to Pokhara, all the way through scenic mountain terrain, its fame rests on the natural beauty of its lakeside location and its proximity to the mountains. Pokhara is scenic lake city of Nepal with good teahouse network, countless places of interest. Discover Himalayan view, romantic lake, people and culture - a complete relaxation. Overnight at hotel, (Breakfast, Included)

Day 6: Pokhara Sightseeing Tour

Early in the morning we will drive to World peace stupa just 15 Kilometers away from your hotel for another great sunrise view around Annapurna & Dhaulagiri range then back to have breakfast at hotel then begin a full day sightseeing of Pokhara including Phewa lake boating, we will visiting the Seti River gorge – one of the best places to see. You will have an opportunity to take a glimpse to the limestone cave of Mahendra Gufa & David's falls used to be well-known for its stalactites. Overnight at Hotel. (Breakfast, Included)

Day 7: Pokhara trek to Australian Camp 3 hour

After amazing breakfast we drive to Phedi from where we commence trek to Australian camp via Dhampus & Pothana. We trek through the cultivated terraces and Brahman - Chhetris villages. We probably take lunch at Dhampus village. We climb through rhododendron forest which is stiff but the mountain views make us more energetic to reach the top. The Australian Camp (1990m) is the best place to see the best view of the holy mountain Machhapuchhre (Fish Tail), Annapurna and Dhaulagiri etc. Overnight at guesthouse, (Breakfast and Lunch Included)

Day 8: Australian Camp to Sarangkot (1991m) 6 hrs

Sarangkot is Village Development Committee in Kaski District in the Gandaki Zone of northern-central Nepal. At the time of the 1991 Nepal census it had a population of 5,060 persons residing in 1,010 individual households. The village is located on a mountainside ridge at an altitude of 1600m with panoramic Himalayan views. From Sarangkot, on the northern direction we can see Dhaulagiri in the far west. Annapurna range is visible when the weather is clear on the same side. On the southern direction the village overlooks the city of Pokhara and its lake on the northwestern outskirts of the city.

After breakfast at questhouse; the trail leads to the today's destination Sarangkot through the forestry slightly descend trail to the Naudanda. Then trail following the bit easy path along hill ridge to the dense settlement with mixed ethnic groups. The vista is beautiful to the both of side; the right side offers edge of Pokhara valley, Fewa Lake is remarkable with a Temple Island and hill side field terrace painting by vegetations. The view of snow capped mountains is fantastic and the view of Pokhara valley also Splendor. And during the night is excellent of lights. Overnight at guesthouse, (Breakfast and Lunch Included)



Ganeshraj Marg, Paknajol Height, Thamel, Kathmandu Tel: +977-01-4988659

E-Mail: sales@iciclesadventuretreks.com www.iciclesadventuretreks.com

Day 9: Trek to Pokhara 2 hrs and fly back to Kathmandu

Today, we wake up early in the morning to observe the sunrise from view tower. It is about 10-minutes accent form lodge. After excursion; we trek down to Pokhara and afternoon flight to Kathmandu. Overnight at hotel, (Breakfast Included)

Day 10: Transfer to international airport for your home departure. "Farewell"!

Transfer to international airport for your home departure. "Farewell"!