Ganeshraj Marg, Paknajol Height, Thamel, Kathmandu
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**www.iciclesadventuretreks.com**

# Nepal Adventure Trekking and Tours - 11 Days

Nepal adventure trekking and tours is the perfect blend of sightseeing, mountain flight, trekking, tours, rafting adventure and jungle safari which can be said as the wonderful opportunity to taste the entire flavor that Himalayan country Nepal has to offer. Nepal adventure trekking and tours is short, easy and soft adventure suitable for every travelers regardless their age and interest.

We embark for Nepal adventure trekking and tours after your arrival at cultural Kathmandu city. The trip begins as we board a scenic mountain flight early in the morning that takes us to eye level of various grand Himalayas including top of the world Mt. Everest. We go for Kathmandu sightseeing tour around the UNESCO world heritage sites right after completion of an hour of mountain flight. Visit to ancient Kathmandu durbar square, monkey temple Syayambhunath stupa, Hindu shrine Pashupatinath temple and little Tibet known as Boudhanath stupa exhibits the diversity of Hindu and Buddhist culture, their tradition, rituals and lifestyle as a whole.

Continuing our amazing journey, we fly to scenic lake city Pokhara, often quoted as nature's paradise because of its amazing Himalayan views, pristine lakes, center of attraction for adventurous sports and initiating point of major treks in Annapurna region.  Without wasting much time, we drive to Nayapul followed by short walk to Birethanti which is the starting point of our trek. The mesmerizing views of striking waterfalls while passing through dense rhododendron forests, we stay overnight at Tikhedhunga and ascend towards Ghorepani village in coming day. We immerse in the natural beauty of Ghorepani for a day and embark for early morning hike towards Poonhill which shows the spectacular sunrise views over the Annapurna Himalayan range. We descend down the hill leaving back Tadapani, Gurung village Ghandruk where we can explore the local culture and tradition and finally drive back to Pokhara.

Now, the thrill of white water rafting adventure awaits us as we drive towards Chitwan, and en route, we experience around 3 hours of rafting on Trishuli River. We continue to drive towards Chitwan, the place famous for jungle activities and its local Tharu culture. Of course, next day we go for jungle safari on elephant ride through dense forest watching birds, rare animals like one horned rhino, royal Bengal tiger, crocodiles and deer. The day ends with cultural dance show, camp fire and music on the back ground. Next day we announce the completion of Nepal adventure trekking and tours as we drive back to Kathmandu after having our breakfast. Next day you will be heading back to your home with whole lots of memorable moments that you would cherish for lifetime.

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## PRICE INCLUDES

- Airport / Hotel / Airport pick up & transfer by private car / van
- Three nights' twin sharing accommodation with breakfast in Kathmandu in a 4-star category hotel- Ramada Encore or similar
- 1 hour Mt. Everest flight Ticket.
- Two nights three days jungle safari tour in Chitwan national park including all meals
- A night accommodation with breakfast at a 3 star category hotel in Pokhara
- Full day sightseeing tour in Kathmandu, and Pokhara inclusive of all entrance fees, vehicle and tour guide
- All tour activities as per above program
- Surface transfer to/from Pokhara to chitwan and Kathmandu by private car/van/bus
- Entry permits and fees for all temple, park, monasteries, cultural and historical spots
- All our government taxes
- Flight from Kathmandu to Pokhara including departure taxes
- TIMS and Annapurna Conservation Area Permit
- Meals (breakfast, lunch and dinner) during the trek
- Best available twin sharing lodge to lodge accommodation during the trek
- One highly experienced, helpful and friendly guide, porter (1 porter for 2 people) and their food accommodation, salary, equipment, and accidental insurance for all staff
- Duffel bag, sleeping bag, and down jacket for use during the trek
- Icicles Adventure T – shirt, trekking map and trip achievement certificate
- First aid medical kit
- All government taxes & office service charge
- 2 hour rafting.

## PRICE EXCLUDES

- Foods on every place not more than above indicated as per programs
- International airfare
- Nepal entry visa: you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu. (a multiple-entry tourist visa good for 30 days can be obtained by paying US $ 40 or equivalent foreign currency. Similarly, multiple-entry tourist visas for 90 days can be obtained by paying US $ 100. Please bring 2 copies of passport-size photos.)
- All cold drinks such as: alcoholic beverages, mineral water, Coke, Fanta, juice, etc.
- Personal shopping and laundry
- Tips for guide and driver

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## ITINERARY IN DETAIL

### Day 1: Arrive at Tribhuwan International Airport in Kathmandu, Nepal

The great Himalayan country, Nepal welcomes you as you will be arriving at Tribhuwan International Airport. Upon meeting our company's representative at arrivals door in airport, you will be transferred to your respective hotel in our private comfortable vehicle. Overnight at hotel.

### Day 2: Experience Mountain flight followed by sightseeing around Kathmandu valley

After having our instant meal, early in the morning, we board an hour long scenic mountain flight over the glorious Himalayas and embark for whole day sightseeing tour around the UNESCO world heritage sites namely Kathmandu Durbar Square, Swayambhunath, Pashupatinath and Boudhanath in Kathmandu valley.

**Kathmandu Durbar Square**:

The ancient palaces, courtyards, temples and buildings exhibit the old tradition, culture and architectural brilliance that was built, crafted centuries ago. You will be visiting the home of living god Kumari, Kasthamandap temple and museums. The entrance fee is quoted Nrs. 250 for foreigners.

**Swayambhunath stupa:**

Next we will visit around 2000 years old Swayambhunath stupa which is world's greatest Buddhist shrine. From top of the hill panoramic view of Kathmandu valley is seen which is considered best during sunset.

**Pashupatinath temple:**

Pashupatinath temple is the biggest and most holy pilgrimage site among Hindu pilgrims all over the globe. The cremation ghats on bagmati river displays the rituals that is followed by hindus after end of the life. The gigantic temple with silver and gold plated doors and roofs is center of attraction in itself.

**Boudhanah stupa:**

It is one of the largest Buddhist stupas in south asia and holy place for Buddhists. Large number of monks and monasteries are found in entire area. Encircling huge stupa along 108 small Buddha statues and prayer wheels certainly makes you feel like you are in enigmatic land of Tibet.

### Day 3: Board a flight to Pokhara, drive to Nayapul and trek to tikhe dhunga

After having an instant meal, we board a short flight to scenic lake city Pokhara. We will be driving towards Nayapul on our car and start walking for 20 mins to arrive Birehanti. This is the starting point of our trek. Further we pass through beautiful forests, waterfalls and small settlements along the way to end our day's trip towards Tikhe Dhunga.

### Day 4: Trek from Tikhedhunga to Ghorepani

Today we will be ascending towards beautiful village of Ghorepani which literally means horse-water in Nepali. There are plenty of souviner shops as this place is also regarded as the trekker's resting site. WE get the glimpses of Himalayas as we ascend forward.

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### Day 5: Trek from Ghorepani to Poonhill and back to Tadapani

This day is important day of the trip as we will be heading towards top of the poonhill at an altitude of 3210m early in the morning. It is the great viewpoint in an Annapurna region offering the best views of glorious Himalayas. The sunrise views of snow capped mountains mesmerize us in every way. After watching splendid sunrise views, we get back to Ghorepani and stay overnight at Tadapani.

### Day 6: Trek from Tadapani to Ghandruk

Leaving back Tadapani, we descend through dense forests towards Ghandruk. We will be walking through green forests and beautiful vegetation. After trekking for couple of hours, the beautiful village of Ghandruk welcomes us. Mainly Gurung community can be experienced in Ghandruk village. Therefore we would certainly explore the rich cultural traditions of Gurung people at Gurung museum. Overnight at guesthouse.

### Day 7: 4 hrs trek from Ghandruk to Nayapul and 1 hr drive to Pokhara

Today we will be trekking towards Nayapul from Ghandruk and drive to main streets of Pokhara on our private vehicle.

### Day 8: Drive from Pokhara to Chitwan with 3 hrs rafting en route at Trisuli river

With plenty of delightful memories, today we leave scenic lake city Pokhara and head towards Chitwan. On our way at Chraudi put in point we will experience white water rafting adventure on Trisuli river for approximately 3 hours. After having our lunch meal we continue our drive to Chitwan.

### Day 9: Full day jungle activities at Chitwan National Park

Today we will embark for whole day Chitwan National park exploration. The jungle activity includes, jungle walk, elephant ride, elephant bath, bird watching, village exploration and other cultural shows during night along the campfire.

### Day 10: Drive back to Kathmandu from Chitwan

Waking up early in the morning, we will go for bird watching and catch a private vehicle which leads to capital city Kathmandu.

### Day 11: Conclusion of trip, shopping and final departure

After experiencing 10 days of trekking, tours, rafting, sightseeing and jungle safari we conclude our Nepal Adventure trekking and tours. If we have any extra time, shopping and strolling around the Thamel area would be nice option. Finally, you will be transferred to International airport 3 hours prior departure timing of your flight.