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Nepal Tibet Tour - 16 Days

Nepal Tibet Tour is the combo package of Nepal tour and Tibet tours. This multi-country tour package begins with cultural sightseeing around Kathmandu valley. It offers you to trek in the Annapurna region specifically through the poon hill trek. Poon hill is the best place to view the magnificent splendor of sunrise over the Himalayas. The panoramic views of Mustang and Pokhara valley along the close views of Annapurna and Dhaulagiri ranges are the main attraction of this popular trekking region.

After trekking in the Annapurna region, we fly back to Kathmandu and catch another hour-long flight to Gongar airport in Tibet. Sightseeing tour in Lhasa exhibits the popular monasteries and palaces like Sera monastery, Norbulinka Palace, Jokhang Temple, Potala Palace, Barkhor Bazaar, and Drepung monastery. Our Tibet exploration road tour continues to Gyantse, Shigatse, Shegar, Zhangmu, and back to Kathmandu. Finally, our 16 days long tour comes to an end with lots of memories and good times to cherish and remember for a long-long time.

If you are looking for a long holiday package then this Nepal Tibet tour package is an ideal option for you. Actually, it is an opportunity to explore two countries in a single go. If you have any inquiries about the tour then please kindly contact us and we will get back to you as soon as possible.

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PRICE INCLUDES

Our Cost Included During Trip For Nepal

- All Airport / hotel / pick up & drop by private Car / Van.
- Four's accommodation with breakfast at standard hotel in Kathmandu.
- Kathmandu city tour as per the above itinerary.
- Meals (breakfast, lunch and dinner) with Tea & coffee during the trek.
- Lodge to lodge accommodation during the trek.
- 1 highly experienced helpful and friendly Guide, porters (1 porter for 2 people), their food, accommodation, salary, and equipments, insurance.
- Surface Transfer from Kathmandu – Pokhara – Kathmandu by tourist bus.
- Trekkers' Information Management System (TIMS) Permit.
- One nights' accommodation in Pokhara (inclusive of Government taxes, breakfast, lunch & dinner).
- Government taxes and official Service charge.
- Round trip flight from Kathmandu – Pokhara and Pokhara – Kathmandu including departure taxes

Our Cost Included During Trip For Tibet

- Kathmandu-Gongar-Kathmandu international airfare
- Tibet entry travel permit and Chinese visa
- All monasteries entry fees
- Guided city tour in Lhasa by private vehicle inclusive of all entrance fees
- Japanese land cruisers 4WD, 4500 model (four people in one jeep)
- Tibet Tourism Board (TTB) approved Tibetan guide

PRICE EXCLUDES

Cost Does not Include For Nepal

- Lunch and Dinner in Kathmandu.
- Your Travel insurance.
- International airfare and airport departure tax.
- Nepal entry visa , you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu. (Tourist Visa with Multiple Entry for 30 days can be obtained by paying US $ 40 or equivalent foreign currency. Similarly, Tourist Visa with Multiple Entry for 90 days can be obtained by paying US $ 100. Please bring 2 copies of passport size photos.).
- All kind of cold drink like alcoholic and mineral water, Coke, Fanta, Juice etc.
- Hot and cold shower during the mountain.
- Personal shopping and laundry etc.
- Personal trekking Equipments.
- Tips for trekking staff and driver

Cost Does not Include For Tibet

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1. Foods during the tour other than breakfast
2. Travel insurance
3. International airfare other than Kathmandu-Gongar-Kathmandu
4. Nepal entry & re entry visa: you can obtain a visa easily upon your arrival at Tribhuwan International Airport in Kathmandu. (a multiple-entry tourist visa good for 30 days can be obtained by paying US $ 40 or equivalent foreign currency. Similarly, multiple-entry tourist visas for 90 days can be obtained by paying US $ 100. Please bring 2 copies of passport-size photos.)
5. All cold drinks such as: alcoholic beverages, mineral water, Coke, Fanta, juice, etc.
6. Personal shopping and laundry
7. Personal equipments
8. Tips for guide and driver (Tipping is appreciated)

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ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu airport (1345meters)

Our airport representative will be receiving you at Tribhuvan International airport, Kathmandu and s/he will be displaying an icicles adventurer treks and tour signboard outside the airport terminal. You will be then transferred to your respective hotel in our private tourist vehicle. Overnight at Hotel.

Day 2: Pre-trip Meeting and Sightseeing around Kathmandu valley

After the meeting and a hearty breakfast, your sightseeing trip will start You will have a private vehicle and a professional tour guide at your disposal. We visit Boudhanath Stupa, one of the biggest Buddhist shrines in the world, where we observe Buddhist monks praying in the monasteries surrounding the stupa. After Boudhanath Stupa we visit Pashupatinath, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River. Here we see Hindu holy men (sadhus) meditating, pilgrims bathing and occasionally funeral pyres burning on the ghats. We will also visit Bhaktapur Durbar Square, which is a collection of pagoda and shikhara – style temples grouped around a fifty-five-window palace of brick and wood. The attraction of the Bhaktapur Durbar Square is The Lion gate, The Golden gate, The Palace of fifty five windows, Art Galleries, The Statue of King Bhupatindra Malla.

The rest of our time in Kathmandu is free for further exploration and some shopping in Thamel area near by your hotel. Overnight at hotel. (Breakfast, Included)

Day 3: fly to Pokhara Drive Naya Pul (New bridge), to Tikhe Dhunga (1495m) 6hrs

After breakfast at around 07am, we will drive to airport fly Pokhara and drive to Naya Pul (42km) by car/taxi via the large village of Lumle and walk for about 20 minutes to Birethanti, a large and prosperous town. The trail follows the main street of Birethanti, going through bamboo forests and past a large waterfall and swimming hole. Beyond a pasture used by pony caravans, the trail reaches Ramghai where you will have lunch. After lunch, the trail climbs gradually up the side of the valley, reaching Tikhe Dhunga. Overnight at guesthouse, . (Breakfast, Lunch and Dinner Included)

Day 4: Ghorepani - Poon Hill - Tadapani [2800m 5 - 6 hrs

Today will be a special day because we conquer Poon Hill- an icon of Annapurna region. To catch the magnificent splendor of sunrise over the Himalayas, we make an early morning climb along the steep trail to the viewpoint of Poon Hill (3200mtrs). Poon Hill (3,210m/10,529ft) is a great viewpoint from where we will be able to enjoy wonderful panoramic views of the Mustang part and Pokhara valleys including the closest views of more than 20 highest mountains including the close-up views of the Annapurna and Dhaulagiri ranges. The snowy peaks of the high mountains loom above and around us glowing in the morning light. After taking photos and having some coffee or tea or hot chocolate, we return back to Gorepani. Upon breakfast, we head east and climb a nearby ridge. We descend through rhododendron forest, pass by spectacular waterfalls along the way and reach Tadapani for overnight at guesthouse. (Breakfast, Lunch and Dinner Included)

Day 5: Tadapani to Ghandruk [1940: 3 - 4 hrs

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From Tadapani, we make a steep descent through the dense and dark forest. This part of the trek will be through a thick forest of old rhododendron trees. When the rhododendron trees are in bloom, these forests actually turn into gardens of dazzlingly beautiful flowers, mostly red, when seen from the air or from far. By afternoon, depending upon the season of travel, we will be pleasantly surprised by the sight of some cherry blossoms in bloom on the slopes on the other side of the ravine. After trekking some more minutes, we enter the village of Ghandruk, a slope settlement with stone houses mostly inhabited by the Gurung people. Along with enjoying the stunningly close-up towering views of Fishtail, Annaurna South, and Hiuchuli mountains, we also acquaint ourselves with the simple but rich cultural traditions of the Gurung people at the Gurung Museum in Ghandruk overnight at guesthouse (Breakfast, Lunch and Dinner Included)

Day 6: Ghandruk to Pokhara: 4 hrs trek and 1hr drive

Today, we trek from Ghandruk to Naya Pul then drive back to Pokhara. The trek will be downhill all the way to Birethanti. We step onto a staircase paved with stone slabs, curving in and out of the village and then terraced farms. It keeps on going down almost without breaks from Ghandruk until Modi Khola river valley. By the time, we arrive at Birethanti, some of us would feel like having made a downhill marathon. But our marathon is not over yet. From Birethanti, a half-an-hour's walk takes us into Naya Pul. The journey on foot comes to an end at Nayapul. Then, we drive from Nayapul to Pokhara. Overnight at hotel (Breakfast, and Lunch Included)

Day 7: fly back to Kathmandu (1,345m) 6 hour

Overnight at a hotel in Kathmandu.(Breakfast, Included)

Day 8: Fly to Gongar airport and drive to Lhasa (3660m)

Early morning transfer to the international airport for the hour-long flight to Gongar. This stunning flight, on a China Southwest Airlines, takes us right across the main Himalayan range and provides us with magnificent mountain views. After landing at Gongar Airport and meeting your Tibetan guide, it is a further 2-hour drive by Land cruiser to Lhasa. It's advisable to rest and take it easy for the remainder of the day due to Lhasa's altitude. Overnight at hotel. (Breakfast, Included)

Day 9: Sightseeing Tour in Lhasa

We spend today visiting several of Lhasa's many monasteries in the company of a guide and interpreter. One of these is the Sera Monastery, one of the best-preserved monasteries in Tibet, within its whitewashed walls and golden roofs, several hundred monks live and study. After lunch we'll visit the Norbulingka, the summer palace of the Dalai Lama, as well as the Jokhang Temple. This temple is possibly the most sacred shrine in Tibet and there is always a procession of devout Tibetans through the complex. Surrounding the Jokhang is the Barkor – a maze of narrow cobbled streets that is the central market of Lhasa. Overnight at hotel. . (Breakfast, Included)

Day 10: Second day sightseeing tour in Lhasa

In the morning, we visit Potala Palace which dominates the city of Lhasa it's a spectacular building, containing private quarters of the Dalai Lama as well as numerous grand state rooms and many important chapels. There has been a Palace on this site since the 5th or 6th century, but the present Palace was constructed in the 17th century. After lunch, we visit the Drepung Monastery, which was founded in the 14th century and was once the largest in the world,

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with a population of around 10,000 monks. These days that figure is down to several hundred, but there is still much here of interest as it was left relatively unscathed during the Cultural Revolution. Overnight at hotel. . (Breakfast, Included)

Day 11: Drive Lhasa to Gyantse (3950m) - 261 K.M. 7 hrs

The day begins with our overland journey towards Rongbuk valley. We follow the Friendship Highway by jeep, we cross the Khamba La at elevation of 4794meters from which there are stunning views across the waters of Yamdrok-tso Lake to the snowy summit of Nazin Kang Sa 7252meters. As we continue our journey to westwards over another high pass the Karo La 5045meters, we can view the spectacular sight of a huge glacier tumbling down to within a few hundred meters of the road. After few hours, we arrive to Gyantse passing the beautiful valleys and colorful Tibetan villages. Overnight at hotel. . (Breakfast, Included)

Day 12: Drive to Shigatse (3900m) - 90 K.M. 2 hrs

This morning we visit the Gyantse Dzong. This fort dates back to the fourteenth century and offers some of the most amazing views of Gyantse and surrounding valleys. Before leaving we also visit the famed Gyantse Kumbum. This magnificent tiered structure is the largest stupa in all of Tibet. If the exquisite gold dome is not enough, this stupa is packed with Tibetan sculptures and paintings.

Thereby, we continue the trip to Shigatse, the second largest city in Tibet. It is only about a 90 km drive taking us to Shigatse which is a laid back city that provides excellent opportunity for both relaxation and exploration. Thereafter, exploring the local market we will make a detailed visit to the Tashilhunpo Monastery, one of the largest functioning monasteries in Tibet. Overnight at hotel. . (Breakfast, Included)

Day 13: Sightseeing & drive to Shegar (4050m) 244km

Today you will traverse along the Friendship Highway amidst picturesque landscape driving past small town of Lhatse and Gyamtso La pass at 5220m. As the route opens into plains, many monasteries and camps of nomadic herders become visible en route to Shegar. Overnight at guesthouse. . (Breakfast, Included)

Day 14: Drive to Zhangmu (2300m) - 245 K.M 5 hrs

Crossing two high passes, Lalung La at altitude of 5124meters and the Shung La 5200meters. On the way, we are rewarded by the magnificent landscapes of the surrounding peaks including Shishapangma, Cho Oyu, Menlungtse and Gauri Shankar. Then our journey heads towards the arid Tibetan Plateau to Zhangmu on the Nepalese border. As we leave Tibet, it appears an incredibly lush and green. Overnight at hotel. . (Breakfast, Included)

Day 15: Drive to Kathmandu (1337m) 123 K.M 5 hrs

Leaving Zhangmu behind, we join the Friendship Bridge passing the Bhote Koshi River and mark the Chinese – Nepalese border. After that short drive, we say good-bye to our Tibetan guide. Then we drive and walk to Nepalese Immigration Control in Kodari, there we have our Nepalese staff, completing the re-entry formalities we'll drive towards Kathmandu, which take 5 hours. Overnight at hotel. . (Breakfast, Included)

Day 16: Transfer to airport for home departure. "Farewell!". (Breakfast, Included)

Transfer to airport for home departure. "Farewell!". (Breakfast, Included)