

## Pikey peak trek - 9 Days

Pikey peak is one of the finest vintage spots lying at an elevation of 4065m in the lower Solukhumbu region of Everest. Peaky peak trekking is one of the shortest and unchallenging, with no prone to altitude sickness; trekking destination under the Everest region, gifted with splendid scenery, diversified traditions, and cultures with divine and glorious monasteries. The Pikey peak name turned out after a local Sherpa clan deity, representing the sky over nature. Pikey peak used to be the favorite spot of Sir Edmund Hillary after he climbed it to look around during the walk to his 1953 expedition.

During the monsoon time of June/July, local Sherpa people celebrate their clan god worshipping ceremony by Buddhist lama and group of monks in the Pikey peak. Pikey peak trails are the traditional routes discovered by the ancient local Sherpa's where they used to go for short hiking trips to hang prayer flags on the top and enjoy the stunning natural scenery.

Selecting to trek Pikey peak can be the best choice if you are looking for a short trek in Nepal. Pikey peak encapsulates the profound experience of the whole Khumbu region in one short trip. Your journey will pass through the lush forests and vegetation enriched with the blossoming flowers and local medicinal herbs and plants, along with the sounds of chirping birds and a vast ecosystem of animals forming a bubble of life.

You will explore the magnetic energy of awe-struck and stunning scenery of the high-lofty Himalayas, such as Numbur Himal, Mt Kanchenjunga, Mt Manaslu, Mt Lhotse, Mt Makalu, Mt Everest, and many others.

Furthermore, traveling on the traditional routes will give you a great chance to inspect the local Sherpa's lifestyles, cultures, and ways of dealing with their basic day-to-day activities. Moreover, you can explore the divine and mysterious historic monasteries, gompas, and stupas and learn from Buddhist monasticism.

### Why trek to Pikey peak?

Trekking to Pikey peak is one of the great ways to taste the vastness of Nepal's best trekking destination within a week with less exertion. Given below are some reasons why you should trek to Pikey peak.

- Pikey peak trail is less beaten and less crowded, so you can continue and explore your journey more peacefully than other classic tracks in the Everest region.
- There is no threat of altitude sickness as it lies in the lower elevation of the Khumbu region, still offering the highlights of the Everest region.
- No or less chance of flight cancellation or delays as we don't need to go from Lukla airport.
- Proffering wilderness beauty and serenity
- Affordable cost

## PRICE INCLUDES

### Transport

- Private vehicle: Hotel and airport transfers from Kathmandu to Dhap

### Accommodation

- 2 nights' accommodation (twin sharing) in Kathmandu in a 4-star category hotel- Ramada Encore or similar
- accommodation (twin sharing) during the trek in local standard teahouses

### Food

- Meals during the trek
- Breakfasts while in Kathmandu
- Farewell dinner in Kathmandu
- Seasonal fruits on the trek

### Staff

- English speaking Trekking Guide/leader: One guide for each group.
- One assistant guide for every 6 trekkers including their accommodation, transportation, food, salary, transportation, and insurance
- Porters (ratio of 1:2 clients, carrying up to 15kg of personal gear per client) including their accommodation, transportation, food, salary, transportation, insurance

### Permits and Taxes

- All applicable taxes to be paid to the Nepalese government

### Others

- Complimentary four seasons down sleeping bag and down jacket provided for the duration of the trek (we suggest bringing if you have your own)
- Complimentary 80-liter Duffel bag (to keep personal belongings to be carried by porter), down sleeping bag, and down jacket hire for the duration of the trek
- Complimentary Trekking map, Icicles Adventure t-shirt
- First-aid box (carried at all times by a guide)

## PRICE EXCLUDES

- Nepal visa arrangement (more on Nepal Visa Information)
- International airfares, Excess baggage charges
- Travel and rescue insurance
- Added night/s accommodation in Kathmandu because of early arrival, delayed departure, early return from mountain (due to any cause) than the programmed itinerary
- Lunch and dinner in Kathmandu (and also in the case of early return from mountain than the programmed itinerary)

- Beverages (water, tea/coffee, alcoholic drinks & cold drinks)
- Personal expenses such as phone calls, bar bills, laundry, battery recharge, bottle or boiled water, hot shower, extra porters, etc.
- Personal equipment and clothing
- Tips/gratuities for the staff (tipping is expected by staff)



## ITINERARY IN DETAIL

### Day 1: Arrival in Kathmandu

Welcome to the country of the Himalayas! Upon your foot at the territory of Tribhuvan International Airport, our representatives will already be waiting for you at the airport terminal to assist and greet you with all their hearts reflecting Nepal's culture. Eventually, you will be conveyed to your respective booked hotel by the scenic drive of Kathmandu valley. So, relax, comfort your exhausted body, and taste some delicious traditional foods and drinks in your hotel. In addition, you can also do sightseeing in tourist and popular places nearby your hotel.

### Day 2: Drive to Dhap, trek to Japre

We will commence our journey with an 8 to 9 hr drive from Kathmandu to Dhap; Dhap is a municipality in the Darchula district enriched with its different ethnic groups and situated on the banks of the Mahakali River. On reaching Dhap, you will witness the culture of local Brahmins and the Chhetri lifestyle.

From Dhap, we start our trekking to Japre, and eventually, we will reach the Sigane, a famous spot for exploring the view of Numbur Himal. Then, you will follow the trail leading to Japre village (2920m). Here, in Japre, you can enjoy and explore the stunning scenery of Mt Everest and Numbur Himal. There's also a little pretty stupa and gumpa, where you can meditate and indulge in divine vibes. Finally, we will spend our night at Japre.

### Day 3: Trek to Pikey peak base camp

So, today we will start our journey towards the Pikey base camp, leaving the Japre village. Then, we will move ahead on the grassy ridge trail reaching Bhulbhule, a village development committee in Lamjung's district. Here, you will see a nameless lodge that shows Everest's clear and stunning view. Leaving behind the beautiful Bhulbhule village, we will continue following the trails to Pikey base camp. We will accompany the route below the Takung Danda and move through the lush forest dominated by varieties of flora and fauna.

You can also inspect the old yak houses, yaks carrying loads, and long mani stones. Especially if you are trekking in spring, you'll be able to see the colorful beauty of the forest sparkled with rhododendron flowers.

Leaving the guzzling forest behind, trekking continuously for 2 hours, we'll finally arrive at Pikey Base Camp. From here, we will take a short climb to the peak lying at an elevation of 4065m the next day. We recommend you climb the peak's summit in the morning to confront a real-life filmy sunrise scenery over the Himalayas.

### Day 4: Sunrise at Pikey peak, trek to Loding

This day will be one of the most memorable trips of your life as you will witness the dramatic scenery of the Himalayas changing its color from black and white to golden hues.

We'll begin our trek early in the morning to the peak's summit with the trails full of prayer flags alongside the stunning panoramic mountain range of Mt Annapurna to Mt Kanchenjunga.

After enjoying the eye-catching scenery from the top of the peaky peak will have to descend following the flat ridgeline, which further steepens as you enter the forest. The forest trail will lead to Jase Bhanjyang and continue our trekking towards Loding, a VDC in Solu Khumbu District.

### **Day 5: Trek from Loding to Junbesi, visit Thubtenchoeling Monastery**

Simultaneously, we will start trekking from Loding to Junbesi; it is named after the moon as there's a philosophy that the moon comes down below to the earth to rest. As you get ahead, you'll explore the vastness of Junbesi village riched in its beauty as it sits alongside Junbesi and Ngagyur Sergon Lungrig Sedrup Zungdelling Monastery, liberally well decorated with prayer flags and prayer wheels.

Despite being a remote village, it offers advanced teahouse and accommodation services so you can enjoy the facilitated restaurants and lodges on your trek.

Towards the north, there lies one of the famous Thubten Choling Monastery laping on the Numbur range; you can witness the valley of Benighat and Phalpu. You will also explore the Sherpa's culture and architecture, Tibet, and Buddhism culture alongside.

Today, we will fully explore the Thubtenchoeling Monastery, the retreat community, and a monastery established by Kyabje Trulshik Rinpoche in the 1960s. Over 900 monks and nuns live there, under Trulshik Rinpoche's care, and after visiting the monster, will get back to Junbesi.

### **Day 6: Trek from Junbesi to Taksindu**

This early morning we will hit the trail following Taksindu, crossing the river at the bottom of the town and climbing through the forest up to Salung. From Salung, you can enjoy the stunning views of Mt Everest, Mt Chamlang, and Mt Makalu, along with the gorgeous view out across the valley to Chiwong Monastery and down towards Phalpu.

Eventually, continuing the trail, we will reach Ringmo, famous for its apple orchards such as apple "Rakshi.", cider, and apple pie. You can taste these local Nepali drinks and items. From there, we will climb to Taksindu La. Again, you can enjoy the breathtaking views of mountains. Finally, we will take a short descent to the Taksindu Monastery; make sure you go to this monastery early morning or late afternoon because it may be close at any other time. Today, we will spend our night at Taksindu, and we will hit the trail to Phalpu the following day.

### **Day 7: Trek from Taksindu to Phalpu, visit Chiwong Gompa**

Today, we will leave the main trekking route from Taksindu and follow down the path to Phalpu through the lush forest. We will also hike up to Chiwong Gompa, a famous monastery founded in 1923. You can also explore one of the best festivals celebrated there called the Mani Rimdu festival, which occurs in the autumn season. In addition, you will be delighted to see Phalpu airport, Phalpu hospital, Phalpu paramedical school, Gumbas carrying the historic beauty and culture of past Phalpu civilization.

Continuing down to Phalpu, celebrate the joy of trekking completion withholding one of the best experiences of your life.

### **Day 8: Flight from Phalpu to Kathmandu**

As scheduled, today we will leave back our beautiful journey of Peak peak behind and catch a scenic flight from Phalpu to Kathmandu. Finally, we will spend the night in Kathmandu and have a farewell dinner.

### **Day 9: Final departure**

Today you will depart Nepal behind and travel back to your home nation. Our representative shall escort and transfer you to the International airport 3 hours before your flight time. Hoping we have delightfully offered you the best trip and experience of Nepali culture and tradition, bidding you with a warm farewell and wishing you a sound and safe flight.

