

E-Mail: sales@iciclesadventuretreks.com www.iciclesadventuretreks.com

Pisang Peak Climbing - 18 Days

Pisang Peak Climbing is one of the technical peak climbing in Nepal, situated at an altitude of 6091 meters. German expeditions made the first ascent of Pisang Peak in 1955, and since then, thousands of climbers have successfully climbed to the summit of Pisang Peak. The Pisang peak ascends above Pisang village and yak pastures in a stable slope of ice and snow in the Annapurna region of Nepal.

Peak climbing has been a popular activity in Nepal. The Pisang Peak climbing starts after driving towards the Beshisahar from Kathmandu. The base camp is set up at the Kharka(4800m), where we will reach after passing through the Pisang village. The summit of the Pisang peak offers spectacular views of Annapurna Himalayan ranges along with Gangapurna and other beautiful snow-capped mountains. Next, we will trace back the same trekking trails to reach Phedi and then Muktinath. Muktinath is a famous pilgrimage site holding great importance for Hindus and Buddhists. Along the trails, we cross through the highest pass of the world, Thorungla pass. Further, we trek towards Jomsom, take a short mountain flight to reach Pokhara, and finally return to Kathmandu.

Previous climbing experience is required to join this amazing Pisang peak climbing trip. However, our guides and professionals will provide expert guidance on climbing and using mountaineering tools before attempting it. A good level of physical fitness with a passion for trekking and climbing and a positive attitude, and a never-give-up attitude are essentials before embarking on this trip.

Your holiday in Nepal would certainly be adventurous and full of excitement and thrill. Join our ultimate Pisang peak climbing trip, which is also the perfect blend of trekking in the Annapurna region and create wonderful memories in the heart of the Himalayas. For further details inquire us now.



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PRICE INCLUDES

- Airport / Hotel / Airport pick up & transfer by private car / van
- 3 nights' accommodation (twin sharing) in Kathmandu in a 4-star category hotel: Ramada Encore or similar
- A nights accommodation in Pokhara at two star category hotel
- All your standard meals as per itinerary (breakfast, lunch and dinner) during the trek and climb with tea or coffee
- · Pisang climbing permit fees.
- Lodge to lodge accommodation during the trek and tented accommodation during climb
- Government licensed holder English speaking guide during the trek and climb, require porters (1 porter for 2 people) and their food, accommodation, salary, equipment, and insurance
- General climbing equipment such as rope, ice screw, snow bar etc.
- Jomsom Pokhara airfare including departure tax
- All surface transfer to/from Kathmandu by car/van/bus
- Icicles adventure treks and tour duffel bag, down jacket T-shirt and sleeping bag during the trip
- · First aid kit
- Annapurna conservation permit
- TIMS fee- trekkers' information management system
- · Government taxes & office service charge

PRICE EXCLUDES

- Lunch and dinner in Kathmandu.
- · Your travel insurance.
- · Your travel insurance.
- International airfare and airport departure tax.
- Nepal entry visa, you can obtain a visa easily upon your arrival at Tribhuwan International
- Airport in Kathmandu. (Tourist Visa with Multiple Entry for 30 days can be obtained by paying US \$ 40 or
 equivalent foreign currency. Similarly, Tourist Visa with Multiple Entry for 90 days can be obtained by paying US \$
 100. Please bring 2 copies of passport size photos.) (US\$ 40 per person) you obtain a visa easily upon your arrival
 at Tribhuwan International Airport Kathmandu for 60 days from date of issue.
- Items of a personal nature such as alcoholic drinks, cold drinks, laundry, etc.
- Personal trekking and climbing equipment.
- · Any others expenses which are not mentioned on price includes section
- Tips for trekking staff and driver (Tipping is appreciated)



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ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu airport (1345meters)

Our airport representative will be receiving you at Tribhuvan International airport, Kathmandu and s/he will be displaying an icicles adventure treks and tour signboard outside the airport terminal. You will be then transferred to your respective hotel in our private tourist vehicle.

Overnight at Hotel.

Day 2: Trek preparation & city tour in Kathmandu

Sightseeing of world heritage sites in Kathmandu valley including, Kathmandu Darbar square, Swayambhunath Temple, Boudhanath Stupa & Pashupatinath Temple.

Overnight at Hotel

Breakfast Included

Day 3: Drive Kathmandu to Synge/ Jagat (1100 m) 8 hrs

After breakfast at your hotel we will depart at 8am; take a scenic drive to Besisahar via the Prithivi Highway. From Beshisahar we drive to Syange by local jeep. While driving we will have many chances to observe rural people & various cultures along the highway. From Syange we trek to Jagat.

Overnight at guest house

Breakfast, Lunch and Dinner Included

Day 4: Trek to Dharapani (1960 m) 6 hrs

After breakfast start the working through jungle after we left Chyamje from Chyamje the trail goes bank of Marshyangdi river mostly climbing before arrive in Tal from here, we enter Manang district trail continues through barley, rice, potato fields and pine forests past the village of Kodo taking us to Dharapani, which is one of the big villages in the Manang valley. Overnight in Dharapani.

Overnight at Guesthouse

Breakfast, Lunch and Dinner Included

Day 5: Trek to Chame (2630 m.) 5 hrs

Today The trail climbs along the mule track through in and fir forest and then follows the river for a time amongst the higher oak and maple trees. On the way you will have spectacular views of views of major Himalayan peaks.

Overnight at Guesthouse

Breakfast, Lunch and Dinner Included

Day 6: Trek to Upper Pisang (3,700m) 8 hrs

A narrow steep path through a very dense pine forest will bring you to the dramatic curved rock face, rising 1500m from the river. As the trail opens up you will be surrounded by Himalayan Peaks all the way to Pisang. You will have

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an extra half an hour climb towards a big hill to reach Upper Pisang.

Overnight at guesthouse

Breakfast, Lunch and Dinner Included

Day 7: Day for relax and acclimatize

Today you will have a rest day here. Check and set up all the gears for climbing and acclimatized. Enjoy the whole day with very nice magnificent views of all the Annapurna, Gangapurna and Tilicho. Relax day

Overnight at tented camp

Breakfast, Lunch and Dinner Included

Day 8: Trek to Pisang Peak Base Camp (4,380m) 4 hrs

Today we start walking up towards Base camp after a day relaxes in Upper Pisang. From Upper Pisang village, the path ascends through sparse wood and pasture to a Kharka at (4,380m) which is considered the best place for setting up the base camp. It is in a flat alpine section along the well worn trail.

Overnight at tented camp

Breakfast, Lunch and Dinner Included

Day 9: Trek to Pisang Peak High Camp (5,400m/17712ft) Duration: 4 hrs

We ascend on the south-west ridge and reach the high camp. After setting up our camp, we participate on a basic climbing training. Our guides will provide training on peak climbing techniques and the proper ways of using climbing gears such as the ice axe, climbing boots and crampons, harness, ascender, etc. The training will also include using ropes to go up and down. Although it is not mandatory to have prior training for Pisang Peak climbing, we strongly believe that some training experience will boost your confidence and climbing skills to increase the chances of scaling the summit as well as to fully enjoy the experience. Overnight at Pisang Peak High Camp.

Day 10: Summit to the Peak 61091 m and back to Base Camp, 9 hrs

Today is a day to fulfill your dream of Summit on Pisang Peak. From the High Camp, the well defined ridge leads to the final snow slop which is quite steep and more technical to reach the summit. Our guide will fixed the rope and lead you to the successful summit of the Pisang peak. After a Successful summit, you will walk down to Base Camp.

Overnight at tent

Breakfast, Lunch and Dinner Included

Day 11: Trek to Manang (3,450m) 6 hrs

Today you will trek to Pisang village and continue trek to Manang village walking across the riverside. Here, you will notice a contrast with the landscape and vegetation. The cold, dry climate creates a much harsher environment. Incredible views of the towering Himalayan Peaks. Manang is a great Mt. Valley which has a rich customs & tradition and gives you an opportunity to observe a traditional lifestyle of Manang People (one of the Ethnic Group people of Nepal). Overnight at guesthouse. (Breakfast, Lunch and Dinner Included)

Day 12: Trek to Ledar (4250m) 5 hrs



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Today we leave Manang, & the trail makes an ascent of nearly 2000m to the Thorung La pass. We make the climb steadily through Tenki, leaving the Marshyangdi Valley. Continuing along the Jarsang Khola Valley, we reach Ledar at 4250m, there we see the vegetations steadily more sparse.

Overnight at guesthouse Breakfast, Lunch and Dinner Included

Day 13: Trek to Phedi (4420m) 4 hrs

From here the trail continue climb along the bank of the Jorsang Khola, It is some time possible to see herds of blue mountain sheep.

Overnight at guesthouse

Breakfast, Lunch and Dinner Included

Day 14: Trek to Muktinath (3800m) crossing over Thorong La Pass (5416m) 7/8 hrs

From Phedi the trail becomes steep, switch backing up moraines and following rocky ridges as it ascends to the pass. The views from the trail and from the pass are outstanding, you can see the long great barrier ridged, Gangapurna, Annapurna, Thorong peak Khatung Kang peak. From the top the trail descends steeply down to Muktinath. This is one of the most important pilgrimage sights for Hindus. It is also home to many ethnics Tibetans and holy Buddhists.

We ascend steeply to high camp at 4590m then along an undulating trail to the flat top of Throngla (5416m) from here the trail descend steeply down to Muktinath. This is one of the most important pilgrimage sights for Hindus. It is also home to many ethnics Tibetans and holy Buddhists stay at 3800m.

Overnight at guesthouse
Breakfast, Lunch and Dinner Included

Day 15: Trek to Jomsom (2600m) 5 hrs. Overnight at guesthouse

Trek to Jomsom (2600m) 5 hrs.

Overnight at guesthouse

Breakfast, Lunch and Dinner Included

Day 16: Morning flight to Pokhara. 20 minutes

Morning flight to Pokhara. 20- minute.

Overnight at hotel Breakfast Included

Day 17: Drive back to Kathmandu. 6 hrs

Drive back to Kathmandu. 6 hrs.

Overnight at hotel Breakfast Included



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Day 18: Transfer to Airport for your onward Journey. "Farewell"

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