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Shivapuri - Nagarkot - Dhulikhel - Namobuddha - Panauti Trek - 7 Days

Shivapuri-Nagarkot-Dhulikhel- Namobuddha-Panauti Trek is one of best trekking routes among the hiking routes around Kathmandu valley. Named after the Shivapuri National Park, the nearest National Park from the Kathmandu Airport (25 km). Although the National Park is so near to the urban Kathmandu, the natural grandeur, the wilderness, the Himalayan sunrise and sunsets, the culturally rich villages will provide the trekker an insight of remote trekking region of Nepal. Shivapuri-Nagarkot-Dhulikhel- Namobuddha-Panauti Trek is a best way to feel the spirit of Nepalese village culture together with the wilderness of nature. From the top of several hill stations along the trail, one can enjoy the panoramic view of the western mountains like Mt. Manaslu, Mt. Ganesh Himal Range, Mt. Langtang Range, Mt. Dorjeelakpa Mt. Shisapangma, Mt. Gaurishankar and many more.

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PRICE INCLUDES

- Best available local guesthouse accommodation
- Surface transfer to/from Kathmandu to Kakani and Panauti to Kathmandu by private car
- Shivapuri National Park permit
- Meals (breakfast, lunch and dinner) during the trek
- One highly experienced friendly trekking guide including his food accommodation, salary, equipment, and insurance

PRICE EXCLUDES

- Alcoholic drinks and cold drinks
- Personal expenses such as phone calls, bar bills, laundry, bottled or boiled water, extra porters, etc)
- Personal equipments and clothing
- Tips for staffs

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ITINERARY IN DETAIL

Day 1: Kathmandu to Kakani (2030m/6660ft) and Trek to Aale Danda 4 hours

After breakfast, we take about one hour's drive to Kakani along the beautiful mountain highway on the Trisuli road which is scenically rewarding with green forests and mountain terraced cultivation. We reach the vantage point of Kakani which is famous for the magnificent view of Ganesh Himal on one side and Kathmandu City on the other side. The other peaks we can see from the Kakani hill top are Mt. Gauri Shankar, Mt. Choba Bhamare, Mt. Mansalu, Mt. Himalchuli, Mt. Annapurna and many more. We would be walking through the forest and along the ridge with spectacular views of Annapurna, Manaslu, Ganesh Himal, Langtang and Jugal Himal.

Overnight in local lodge
Accommodation: Local lodge
Meals: B, L,D

Day 2: Ale Danda to Shivapuri (2732m/8960ft) 5 hours

Today, it's a very good walk from Aalendanda to shivapuri through sparse villages and forest and along the ridge with spectacular views. We can also have an insight into the culture, religion and daily lives of the locals. As we reach Shivapuri we can enjoy the great views of Annapurna,Manaslu,Ganesh himal,Langtang and Jugal Himal, Dorje Lakpa. We visit the Nagi Gompan that sits calmly at this peaceful and serene place. A couple of hours from Nagi Gompa we see Shivapuri Baba (hermit) ashram near Bagdwar. The hermit meditated here for many years. Walking along serene forest trails of Shivapuri you will realize why the holy hermit chose to meditate here for so many years. Shivapuri watershed and wild life reserve which is the second highest hill that surround the Kathmandu valley.

Overnight in local lodge
Accommodation: Local lodge
Meals: B, L,D

Day 3: Shivapuri to Chisopani (2194m.) 5 hours

Don't neglect to get up early in the morning or you will lose chance of photo shooting with sunrise ad Himalayas at the backdrop. You are in a place from where you can see lovely Himalayan sunrise over the snowcapped mountains. After we savor the Himalayan views, we savor our hearty breakfast then start our trek to Chisopani. Chisapani is another view point of sunrise and sunset. Lantang region can also be seen from this point.

Accommodation: Local lodge
Meals: B, L,D

Day 4: Chisopani to Nagarkot (2175m.) 6 hours

In the morning you are attracted by the northern mountain views. Your trek starts to Chauki Bhanjag, which takes about 2 and half hours. You continue the charming trails leading you toward Nagarkot. Nagarkot, (2175m) is by far one of the most popular destination. In the clear weather the Himalaya range, stretching from Dhaulagiri in the west all the way past Everest to Kanchenjunga in the east, emerges from the darkness to greet the happy visitor with its awe inspiring majesty and beauty. We enjoy the sunset at mountains from the Nagarkot hill station. Nagarkot itself is

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popular among urban people of Kathmandu as a nearby destination to spend weekends enjoying magnificent & panoramic views of many Himalayan ranges including the 8,848 meters high top of the world Mt. Everest. We go to bed rather early as we also need to catch tomorrow's mountain sunrise view too.

Overnight in Hotel in Nagarkot
Accommodation: Local lodge
Meals: B, L,D

Day 5: Nagarkot to Dhulikhel (1440m.)

Nagorkot is a popular sunrise and sunset view sation, so wake up early to view the sunrise. Nagarkot offers possibly the best display of the Himalayas including Sagarmatha (Mt Everest) and many others Mansul, Ganesh, Langtang, Choba Bhamree, Gauri Shankar, Shisa Pangma and many others. After we have our breakfast, we start trekking to Dhulikhel. We can see an impressive vista of the snowy central Himalayas making a backdrop to the gentle hills. It is an old Newari trade station en route to the Tibetan plateau and today it is an ideal place for visitors to enjoy natural environment, the local lifestyle, old Newari culture and spectacular views. Dhulikhel place is famous for its vantage location for viewing the Himalayan range from Cho-yu in the east to Himalachuli in the west.

Day 6: Dhulikhel to Namo Buddha(1750m)

From Dhulikhel, the trail climbs up to the Kali Mandir, then the trail drops down to the village of Kavre and past a line of shops and tea houses. It then climbs again through pine woods past Phulbari and up and down a couple of more hills before you reach the hill of NamoBuddha(1750m) is very important Buddhist Pilgrimage located in Kavre District about 38 km east of Kathmandu. The Stupa and shrines built in this lovely little hill mark a very ancient holy site where a legendary prince named Mahasattva offered himself to a starving Tigress with several underfed cubs. This legendary episode is depicted in a stone slab and placed right next to a holy Stupa.

Day 7: NamoBuddha to Panauti and drive back to Kathmandu

Trek from Namobuddha to Panauti and Drive back to Kathmandu. The trail leads you some beautiful villages , when arrived in Panauti we can some old temple and the typical Newari culture after breakfast drive Back to Kathmandu.